

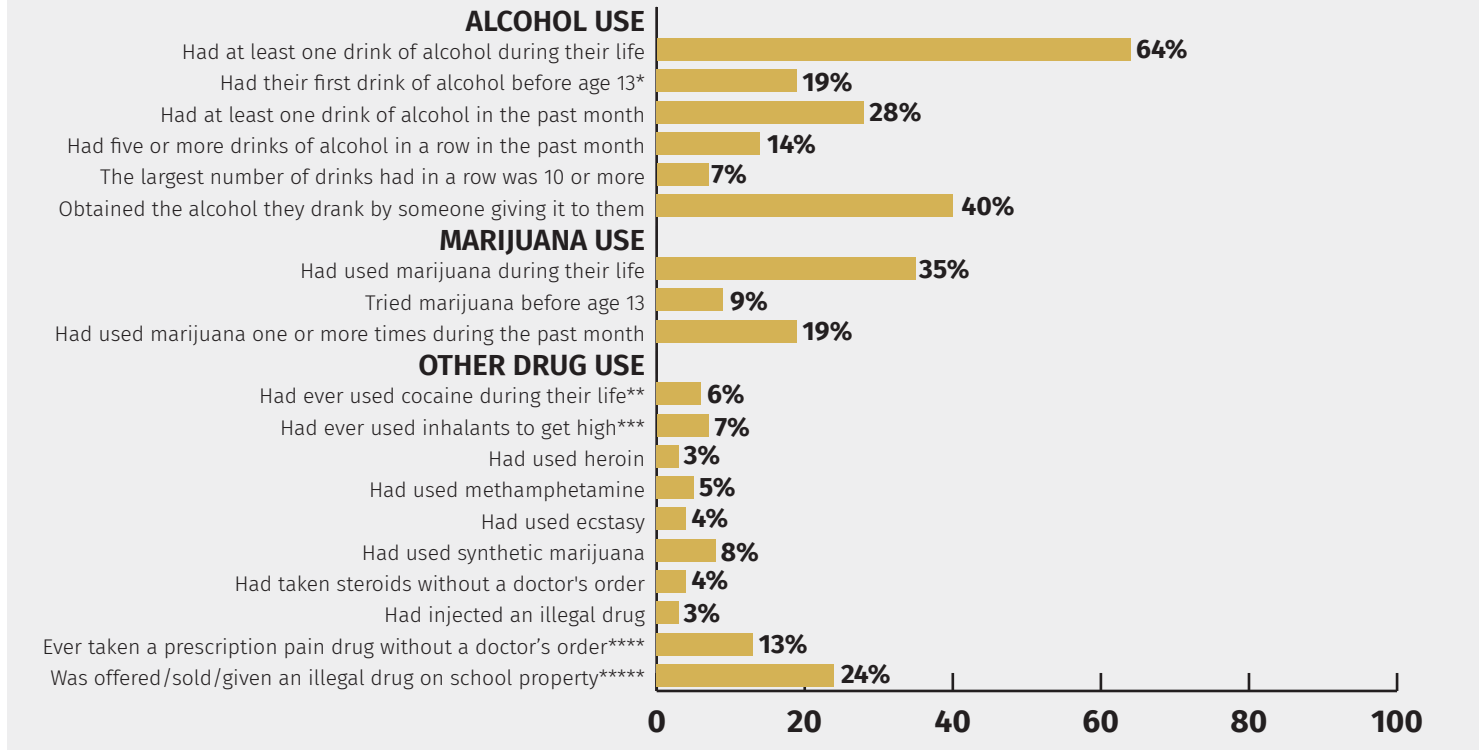


# Alcohol and Drug Use

## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the following rates of alcohol and drug use behavior reported by WV high school students (below).

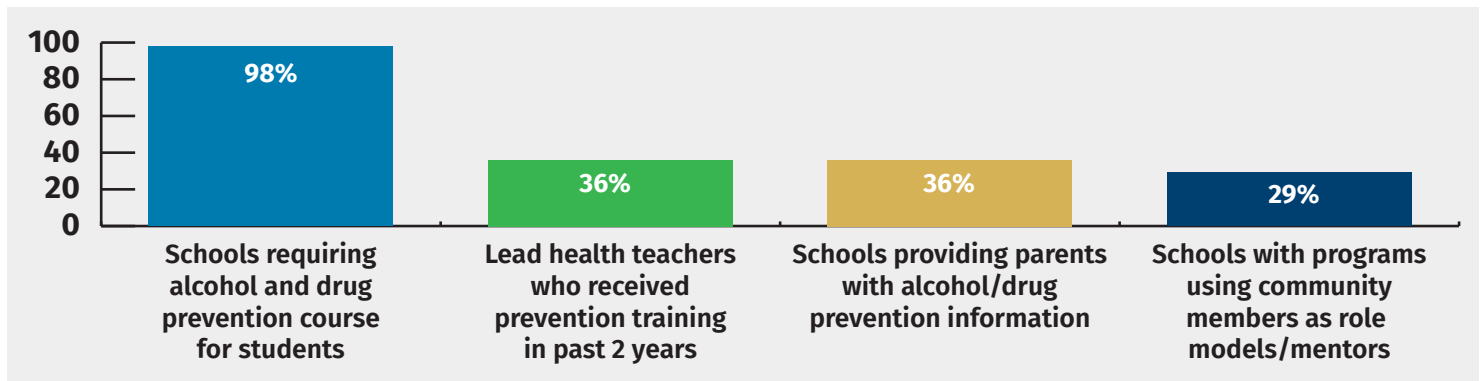
### Percentage of students who had used alcohol or drugs



Notes: \*Other than a few sips; \*\*Including powder, crack, or freebase cocaine; \*\*\*Sniffed glue, breathed the contents of aerosol spray cans, or inhaled paints or sprays; \*\*\*\*Such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax; \*\*\*\*\*In the past year

## What is being done to address the problem?

Solutions focus on improving alcohol and drug prevention education and creating healthier school environments. The 2016 West Virginia School Health Profiles indicated the percentages of WV high schools that implemented the following policies and practices (below).



Data Sources: West Virginia Department of Education, 2017 Youth Risk Behavior Survey, 2016 School Health Profiles

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# Bullying and Suicidal Behaviors

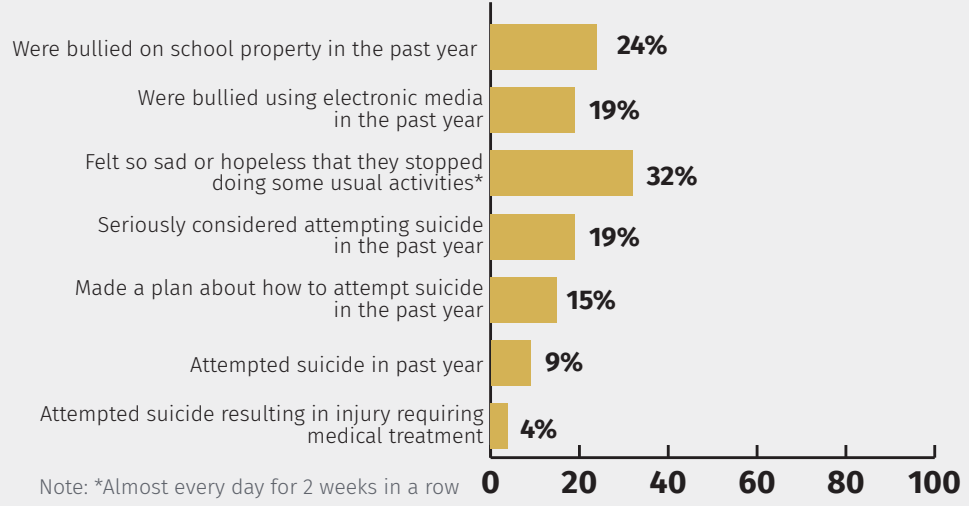
## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the following rates of bullying and suicidal behaviors were reported by WV high school students (right).

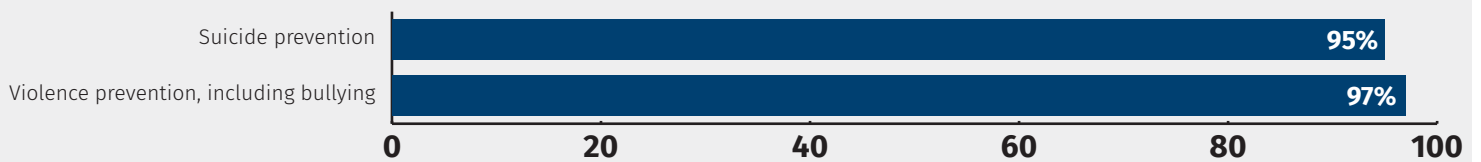
## What is being done to address the problem?

Solutions focus on improving health education, increasing family and community involvement, and creating healthier school environments. The 2016 West Virginia School Health Profiles indicated the percentage of WV high schools that required courses for students in the following topics (below).

Percentage of students reported bullying or suicidal behavior

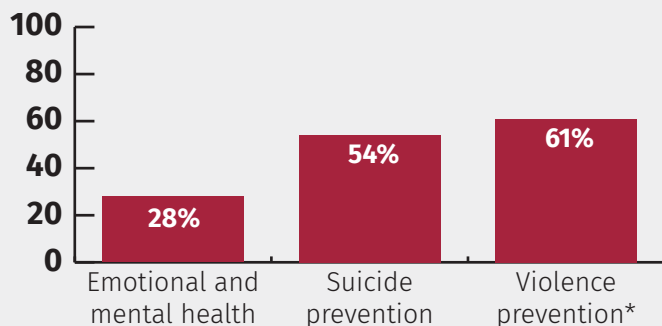


Percentage of schools with required courses in...



Lead health education teachers reported receiving professional development in the past 2 years related to the following topics (below).

Percentage of lead health teachers receiving training in the past 2 years in...



Note: \* Including bullying, fighting, or dating violence prevention

Regarding family and community involvement, 62% of schools provided parents and families with information about prevention of student bullying and sexual harassment including electronic aggression; and 29% participated in a program in which family or community members mentor or serve as role models to students.

Percentage of schools with the following supports in the school environment

- 68% had a club that gives students opportunities to learn about people different from themselves, such as students with disabilities, homeless youth, or people from different cultures
- 87% had staff who have received professional development on preventing, identifying, and responding to student bullying and sexual harassment
- 93% had a designated staff member to whom students can confidentially report student bullying and sexual harassment
- 93% used electronic, paper, or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment
- 38% prevented bullying and sexual harassment, including electronic aggression, among all students



# Dietary Behaviors

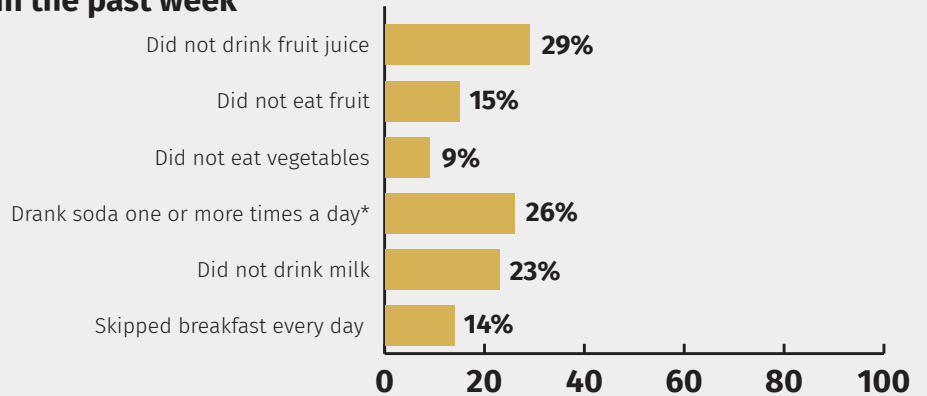
## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the following rates of unhealthy dietary behaviors were reported by WV high school students (right).

## What is being done to address the problem?

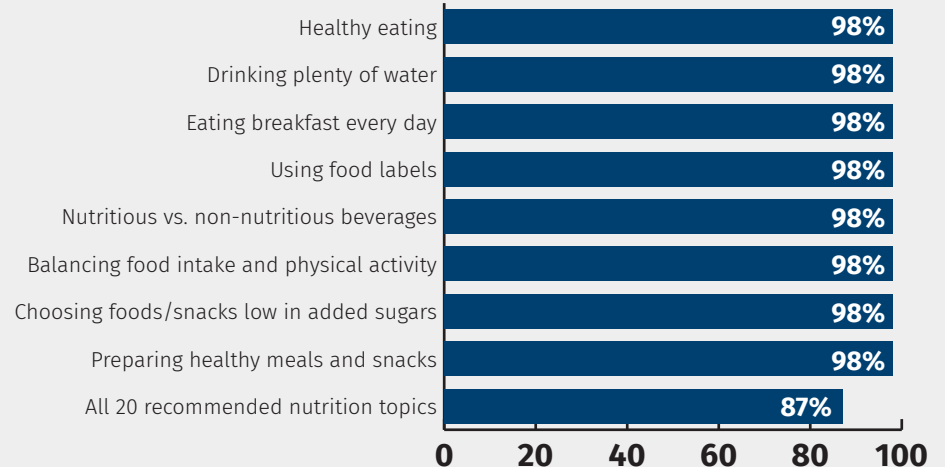
Solutions focus on nutrition education, increasing healthy food options, and creating healthier school environments. The 2016 West Virginia School Health Profiles indicated the percentage of WV high schools that implemented the following dietary practices (right and below).

### Percentage of students with the following dietary behaviors in the past week

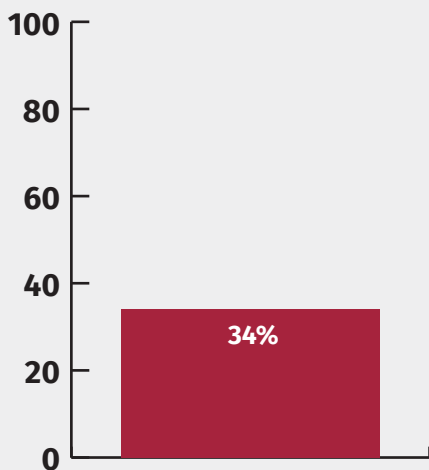


Note: \* A can, bottle, or glass of soda or pop

### Percentage of students with required courses that taught the benefits of...



### Percentage of lead health teachers receiving nutrition and dietary behavior training in past 2 years



Regarding family and community involvement, 43% provided parents and families with health information to increase parent and family knowledge about nutrition and healthy eating.

### Percentage of schools offering healthy food options

- 44% offered 100% fruit or vegetable juice from vending machines or school stores
- 21% conducted taste tests to determine food preferences for nutritious items
- 46% provided information to students and families on the nutritional content of available foods
- 78% placed fruits and vegetables near the cafeteria cashier, where they are easy to access

### Other supports in the school environment

- 64% had used the School Health Index to assess school policies and activities around nutrition
- 95% permitted students to have a drinking water bottle with them in all locations or certain locations during the school day
- 78% prohibited advertisements for candy, fast food restaurants, or soft drinks in the school building

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# Disease Prevention and Health Care Access

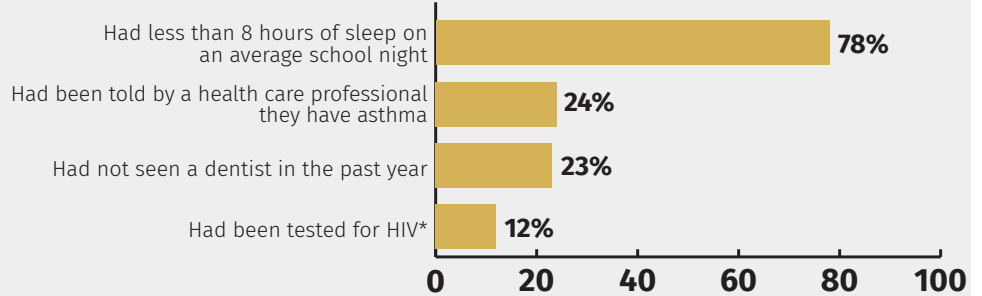
## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the following rates of chronic diseases and other risk factors were reported by WV high school students (right).

## What is being done to address the problem?

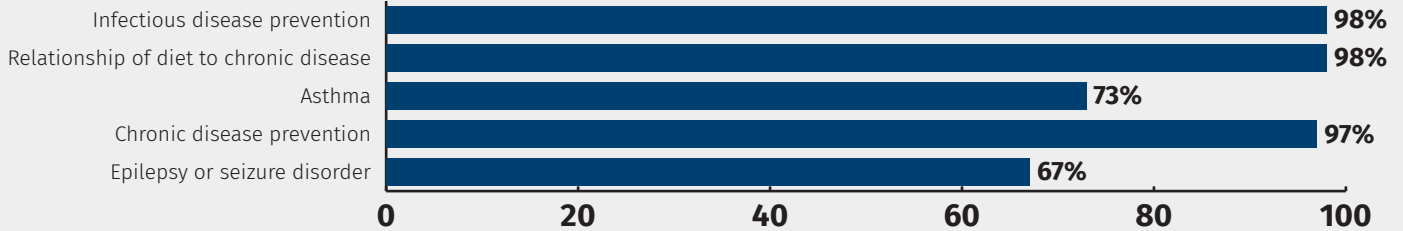
Solutions focus on improving chronic disease education and creating healthier school environments. The 2016 West Virginia School Health Profiles indicated the percentage of WV high schools that required courses for students in the following topics (below).

### Percentage of students with the following chronic disease/risk factors



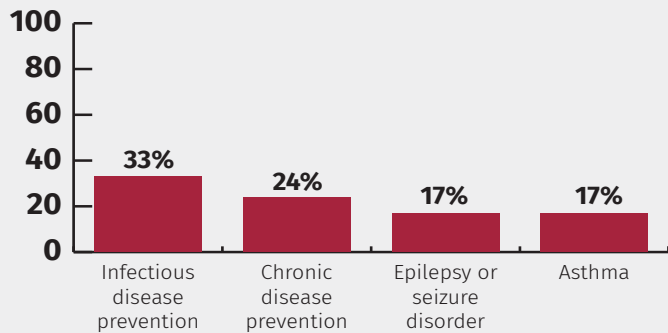
Note: \* Not including tests done while donating blood

### Percentage of schools with required courses on...



Lead health education teachers reported receiving professional development in the past 2 years related to the following topics at the rates shown below.

### Percentage of lead health teachers receiving training in the past 2 years on...



Regarding family and community involvement 25% of schools reported providing parents and families with health information designed to increase their knowledge about asthma and 35% provided information about diabetes.

### Percentage of schools with the following supports in the school environment

- 97% tracked students with chronic conditions that may require daily or emergency management (asthma, diabetes, obesity, epilepsy, hypertension, food allergies, etc.)
- 76% had protocols to ensure students with a chronic condition requiring daily or emergency management were enrolled in private, state, or federally funded insurance programs if eligible
- 49% had a full-time registered nurse and 73% had a part-time nurse who provides health services to students
- 75% provided referrals to community-based medical care providers for students identified with chronic conditions or at risk for activity, diet, and weight-related chronic conditions
- 63% had a school-based health center that offers health services to students

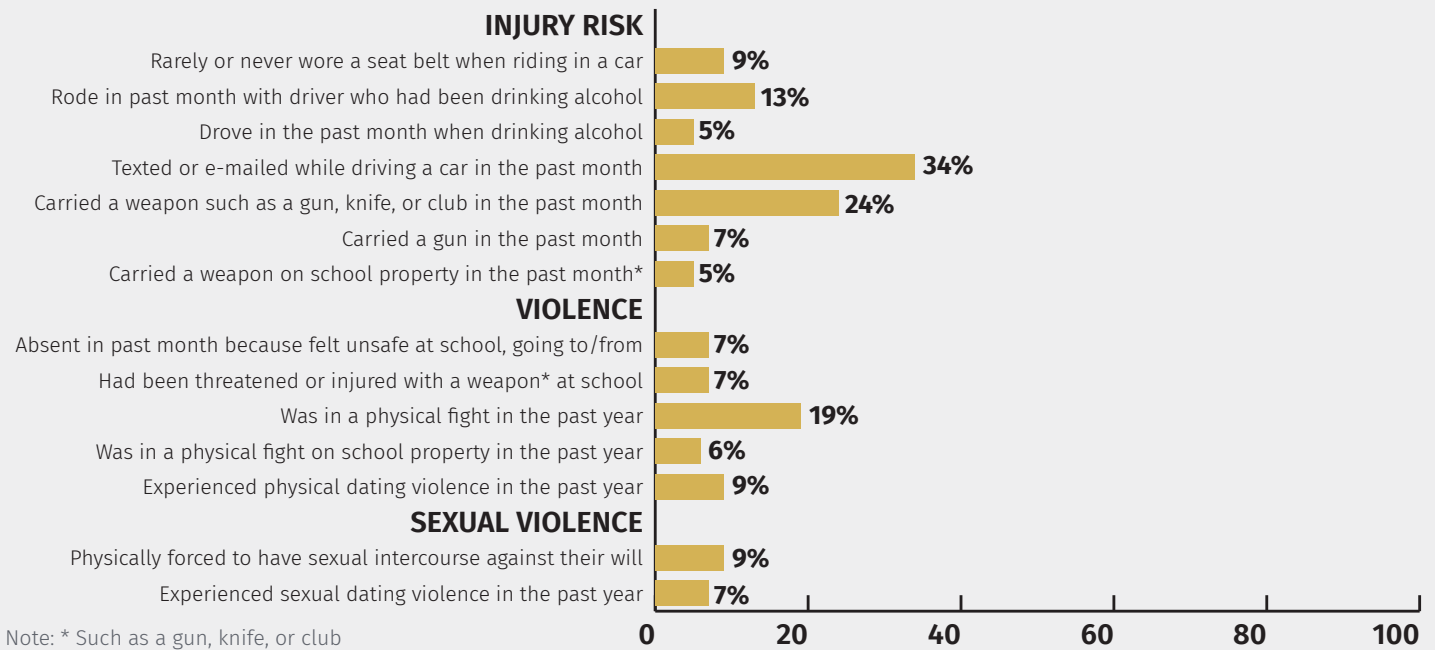


# Injury Risk and Violence

## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the rates of injury risk and violence reported by WV high school students (below).

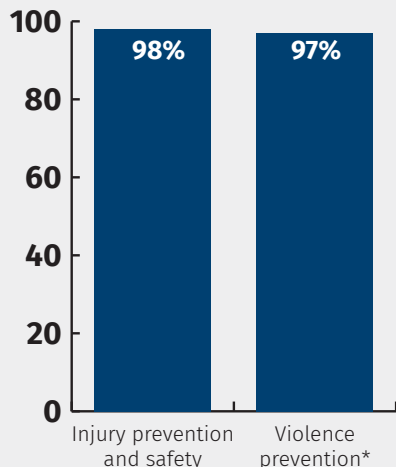
### Percentage of students with the following injury risk and violence experiences



## What is being done to address the problem?

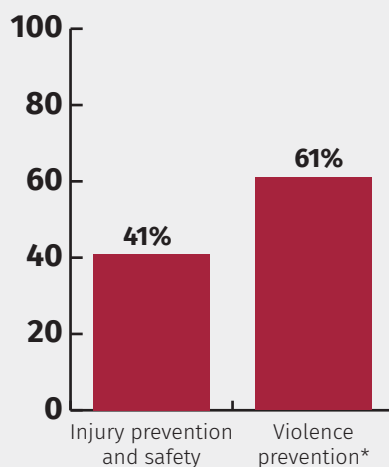
Solutions focus on improving health education, creating safer schools and communities, and making schools healthier environments. The 2016 West Virginia School Health Profiles indicated the percentage of WV high schools that implemented the following policies and practices (below).

### Percentage of schools that required a course for students on the topics shown



Note: \*Including bullying, fighting, and dating violence prevention

### Percentage of lead health teachers receiving training in the past 2 years on...



### Percentage of schools with the following family, community, and school supports

- 62% provided parents and families with information about prevention of student bullying and sexual harassment, including electronic aggression
- 29% participated in a program in which family or community members serve as mentors or role models to students
- 46% used the School Health Index or other self-assessment tool to examine their policies and practices

Data Sources: West Virginia Department of Education, 2017 Youth Risk Behavior Survey, 2016 School Health Profiles

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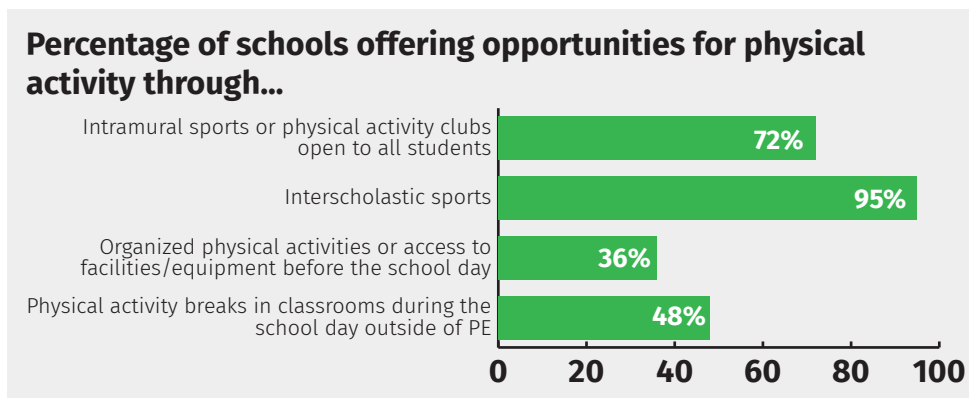
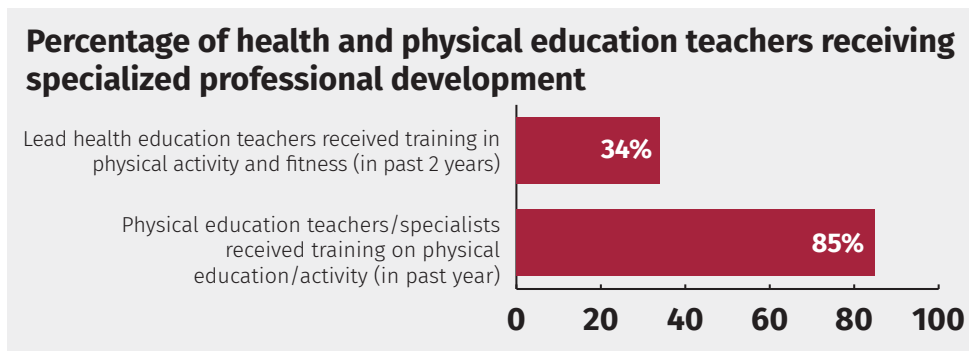
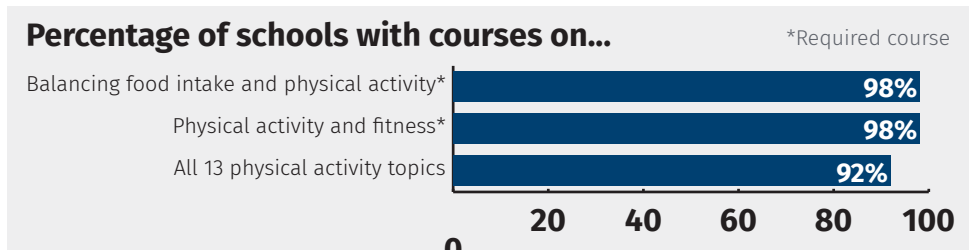
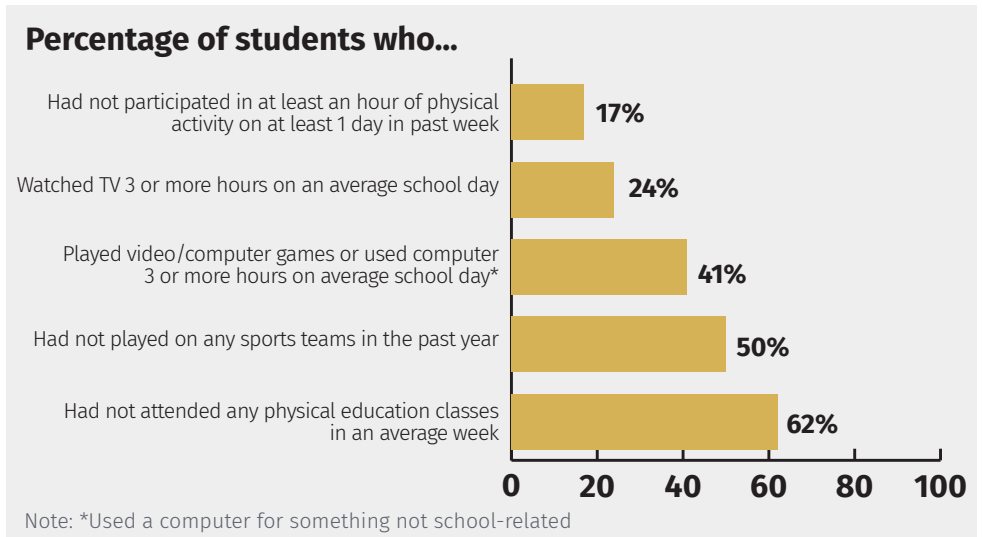
# Physical Inactivity

## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the rates of physical inactivity that were reported by WV high school students (right).

## What is being done to address the problem?

Solutions focus on better health education, more physical activity opportunities, and healthier school environments. The 2016 West Virginia School Health Profiles indicated the percentage of WV high schools that implemented the following policies and practices (below).



### Percentage of schools with the following supports for...

Family and community involvement

- 64% had a joint-use agreement for shared use of the school or community physical activity facilities
- 38% provided parents with health information about physical activity

Improving the school environment

- 77% used the School Health Index to assess school policies and activities around physical activity



# Sexual Behaviors

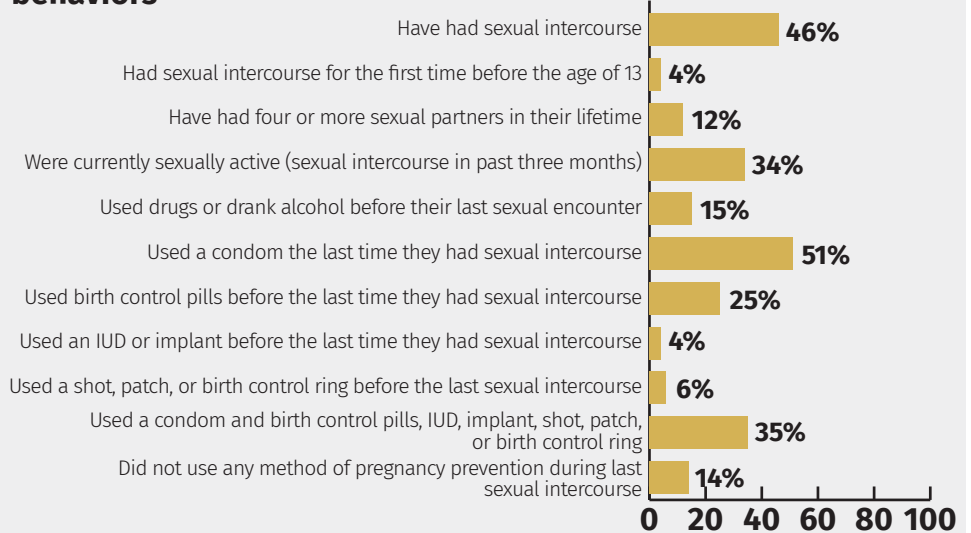
## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the rates of sexual behaviors reported by WV high school students (right).

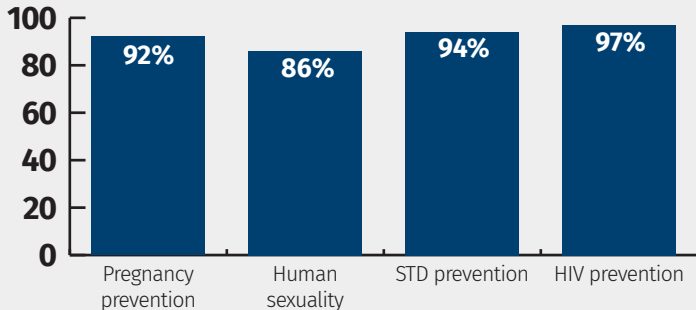
## What is being done to address the problem?

Solutions focus on better health education, more health services, and healthier school environments. The 2016 West Virginia School Health Profiles indicated the percent of WV high schools that implemented the policies and practices (below).

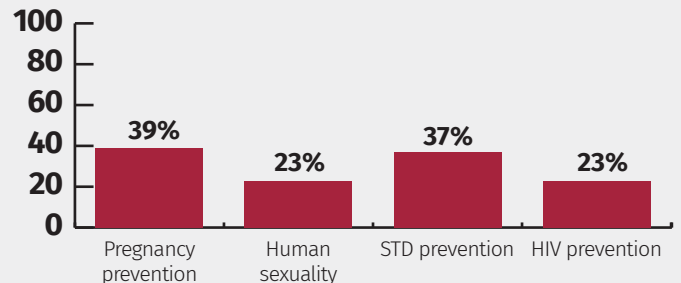
### Percentage of students that reported the following sexual behaviors



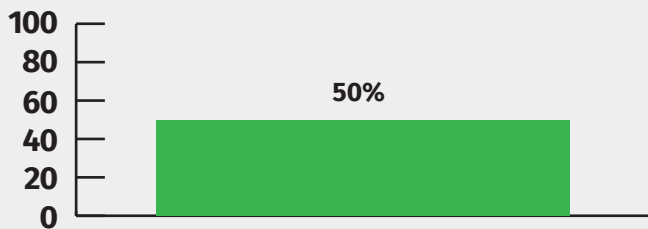
### Percentage of schools with required courses on...



### Percentage of lead health teachers receiving training the past 2 years on...



### Provided students with on-site services or referrals to healthcare providers for seven key sexual health services



52% of schools used the School Health Index to assess school policies and activities around HIV, STD, and teen pregnancy prevention.

Some schools provided information to families and community about how to communicate with their child about sex (23%); and about HIV prevention, STD prevention, or teen pregnancy prevention (37%).

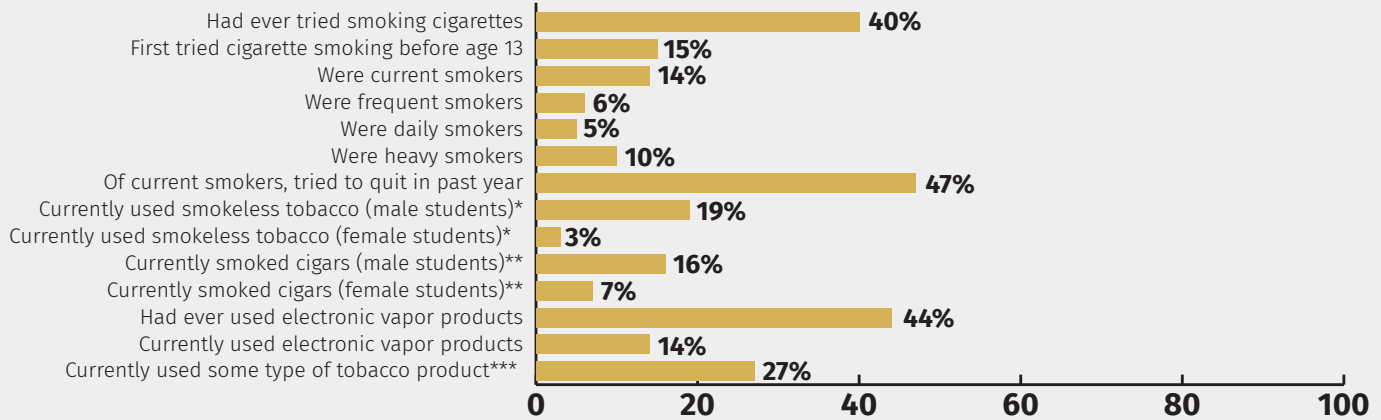


# Tobacco Use

## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the rates of tobacco use reported by WV high school students (below).

### Percentage of students that reported the following tobacco use behaviors

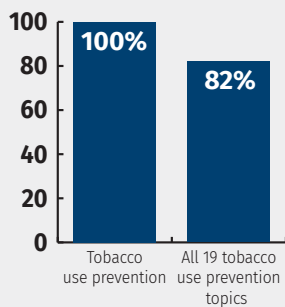


Notes: \*Chewing tobacco, snuff, or dip; \*\*Cigars, cigarillos, or little cigars; \*\*\*Cigarettes, smokeless tobacco, cigars, or electronic vapor product

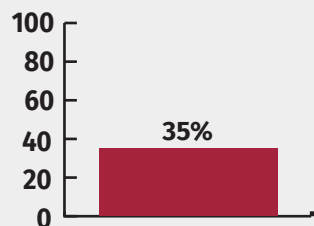
## What is being done to address the problem?

Solutions focus on better tobacco education, more tobacco cessation opportunities, and healthier school environments. The 2016 West Virginia School Health Profiles indicated the percentage of WV high schools that implemented the policies and practices shown in the graphs below.

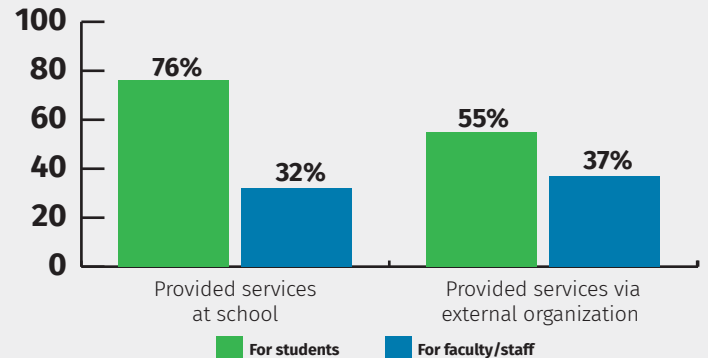
### Percentage of schools with required courses on...



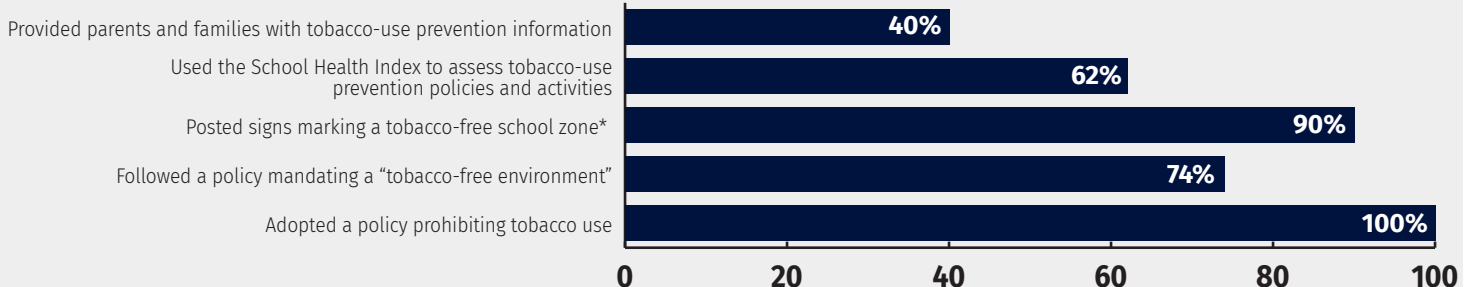
### Percentage of lead health teachers receiving training the past 2 years on tobacco use prevention



### Percentage of schools that provided tobacco cessation services



### Percentage of schools with the following supports



Note: \*That is, a specified distance from school grounds where tobacco use is not allowed

Data Sources: West Virginia Department of Education, 2017 Youth Risk Behavior Survey, 2016 School Health Profiles

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# Weight Management

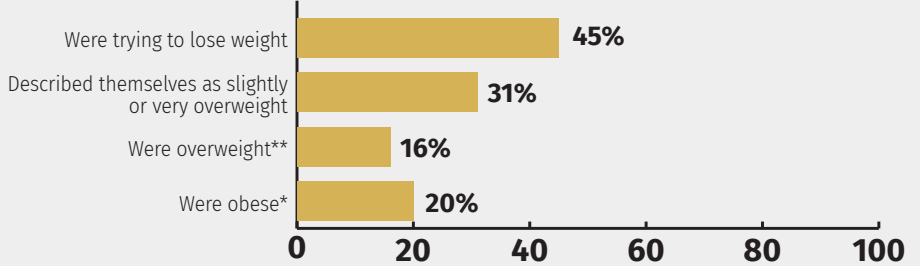
## How large is the problem?

The 2017 West Virginia Youth Risk Behavior Survey revealed the rates of weight status and weight management behaviors reported by WV high school students (right).

## What is being done to address the problem?

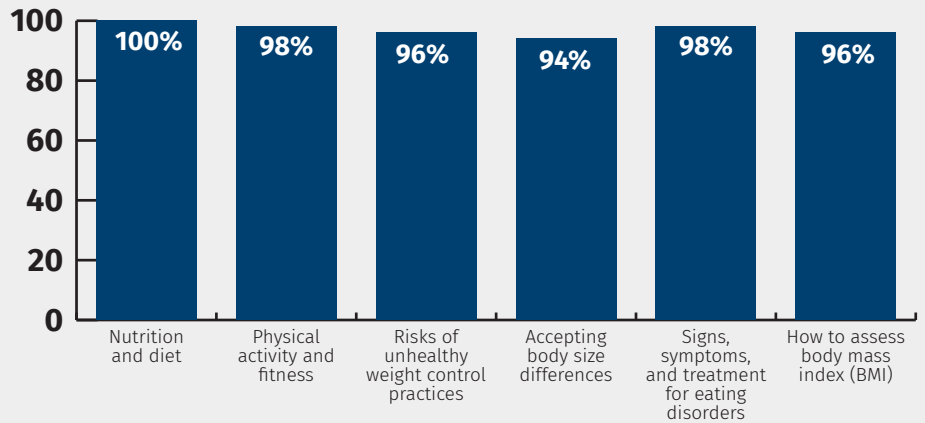
Solutions focus on improving health education. The 2016 West Virginia School Health Profiles indicated the percentage of WV high schools that implemented the following policies and practices (right and below).

Percentage of students who...

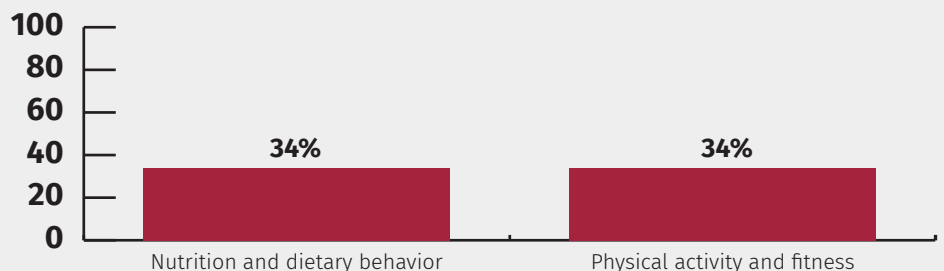


Notes: \* At or above the 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts; \*\*Between 85th and 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth charts

Percentage of schools with required courses on...



Percentage of lead health education teachers who received professional development in the past 2 years on...



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